



**CURRITUCK COUNTY  
NORTH CAROLINA**

**Minutes - Regular Meeting of the Senior Citizens Advisory Board**

January 28, 2025, 9:30 a.m.

Present:	Roberta "Bobbi" Defenbaugh Ellie Galloway Donna McCormick Cindy Scott	Board Member Board Member Board Member Board Member
Absent:	Michael Williams Alisa Hugdahl Paul O'Neal Janet Taylor	Chairman Vice Chairman Board Member Board Member
Staff Present:	Stacy Joseph Dawn Hamilton	Aging/Senior Services Director Aging/Senior Services Administration Supervisor

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**1. Call to Order - 9:30 AM**

The meeting was called to order at 9:30am by Stacy Joseph.

**1. Welcome**

**2. Approval of Agenda**

**MOVER:** Donna McCormick

**SECONDER:** Ellie Galloway

**RESULT: Approved**

**3. Approval of October 22, 2024 Minutes**

The minutes of the previous meeting were approved as presented.

**MOVER:** Roberta "Bobbi" Defenbaugh

**SECONDER:** Ellie Galloway

**RESULT: Approved**

## **2. Old Business**

The Book Club led by Karen Riddick is going well. They seemed to have worked out all the kinks and things are running smoothly. The Book Club meets the 2nd Wednesday of every month at 10am at the senior center in Barco. Albemarle Senior Games applications are now available at the Senior Center. Past participants should have received their applications by mail. Senior Games applications can be turned in at the senior center as an alternative to mailing them. The Bell Choir has had several performances including the Whalehead Club, Shawboro Ruritan Club, Currituck House & more. They will be performing at the Currituck House again on February 20th. The senior center received many donations for Santa for Seniors and Food Baskets for the Elderly this recent holiday season. The Alzheimer's Support Group meets the 3rd Thursday of every month at the senior center in Barco. Group facilitator Ellie Galloway mentioned that she has lost a few members since the group began and is working to ensure that information about the group is still being pushed out into the public with flyers, The Alzheimer's Association website and information printed in the Senior Center newsletter.

## **3. New Business**

Currituck EMS is doing outreach in the community by offering "Good Samaritan" (non-certified) CPR Cardiopulmonary Resuscitation/First Aide classes. Stacy is working on the 2026-2027 Budget. Budget request will include a new 15 passenger bus to replace an existing 2007 26-passenger bus; in addition, increase in funds for general building maintenance at all sites. The new van for Knotts Island arrived and will be dropped off in Knotts Island in the next week. The 4th Citizens Academy is about to begin with the Senior Center presenting in March. Stacy added that the Citizens Academy is a great way to educate the public on what our department does with accurate information. The March for Meals Campaign with Albemarle Commission is approaching. The March for Meals campaign brings awareness to the Home Delivered Meals program by using public figures to deliver meals.

### **1. Committee Reports**

#### **a. Outreach**

AARP Free tax preparation begins on Thursday, February 6, 2025, and will run every Thursday through April 3, 2025. Free tax preparation is open to all Currituck County residents regardless of age and geared towards low to moderate income. Certain filing restrictions apply. The Senior Center is still offering programs in partnership with the Moyock Library.

b. Planning

The Senior continues to focus on offering educational and health presentations. There will be a "Bathroom Safety" program in February given by Swimme & Sons. There will be an Estate Planning program with the Chamber coming up in the Spring. The Currituck County IT Director, Logan Steese recently did a presentation on Tech Safety and Scams that was received well.

c. Nominating

The board is still awaiting replacements for Micheal Williams and Cindy Scott.

**2. Director's Reports**

a. Currituck Senior Center

Tuesday, February 4, 2025 - Bathroom Safety with Swimme & Son.

Wednesday, February 5, 2025 - Birthday Celebration!

Friday, February 7, 2025 - Superbowl Snacks!

Monday, February 10, 2025 - Valentine's Puzzle Piece Wreath Craft Class.

Friday, February 14, 2025 - Valentine's Goodies!

Tuesday, February 18, 2025 - "Staying Connected" Digital Literacy Presentation.

Wednesday, February 19, 2025 - History for Lunch at Museum of The Albemarle: North Carolina in The American Revolution.

Thursday, February 27, 2025 - Trip to the Mid-Atlantic Quilt Festival in Hampton.

A shattered window in the card room was recently replaced at the Barco center. There will also be some chair rail installed, and painting done at the Barco center in the future.

Ellie Galloway, Facilitator of the Alzheimer's Support Group suggested a presentation discussing Law Enforcements role in dealing with a combative and violent Alzheimer's patient.

b. Knott's Island Senior Center

Monday, February 3, 2025 - Decorate for Valentines Day!

Friday, February 7, 2025 - Pre-super bowl Tailgate Party!

Tuesday, February 11, 2025 - Birthday Celebration!

Wednesday, February 12, 2025 - Seed Gardening with Mari.

Friday, February 14, 2025 - Valentine's Day Celebration at Powells Point!

Friday, February 21, 2025 - Card & Game Day!

Friday, February 28, 2025 - Card-making w/Pastor Diana.

Knotts Island Site Manager Mari Mann will be retiring on Friday, January 31, 2025. The Knotts Island Seniors recently completed an outreach project with the Girl Scouts making fabric bags for Homebound Clients.

c. Powell's Point Senior Center

Tuesday, February 4, 2025 - Birthday Celebration!

Tuesday, February 11, 2025 - Melted Snowman Coaster Craft Class.

Friday, February 14, 2025 - Valentine's Day Celebration with Knotts Island!

Tuesday, February 18, 2025 - Pancake Brunch!

Thursday, February 20, 2025 - In house movie "She's the Man!"

Friday, February 21, 2025 - Trip to Bass Pro Shop!

Monday, February 24, 2025 - "The Unbreakable Boy" at Cinema Cafe!

Powells Point Seniors recently completed an Outreach Project making 36 Hot Pads that were donated to the Powells Point Baptist Church and the Jarvisburg Church of Christ.

d. Corolla

Corolla Yoga is currently taking place twice a week at the Corolla Library. Stacy has increased class size to 20 participants and the majority of folks are able to attend at least one class. Currituck EMS did a Good Samaritan (non-certified) CPR Cardiopulmonary Resuscitation/First Aide Class in September at the Corolla Library and there will be a "Respecting Choices" presentation coming in March.

**4. Moment of Silence**

A moment of silence was observed.

**5. Next Meeting Date**

The next meeting will take place on Tuesday, April 22, 2025, at 9:30am.

**6. Adjournment**

Meeting was adjourned at 10:20am.

**MOVER:** Cindy Scott

**SECONDER:** Donna McCormick

**RESULT:** Approved