



Currituck County SENIOR CITIZENS ADVISORY BOARD AGENDA

Tuesday, July 22, 2025, 9:30 AM
Currituck County Senior Center
130 Community Way
Currituck, North Carolina 27917

Pages

Call to Order - 9:30 AM

1. **Welcome**
Joan Normandy-Dolberg

Elizabeth Kelly

Susan Holten
2. **Approval of Agenda**
3. **Approval of April 22, 2025, Minutes**

3

Old Business

Guest Pass

Veterans Services

PML Vermont Trip

New Business

Matter of Balance Title IIID

Directors Conference

Nutrition Contract/Surveys

Update Advisory Board Orientation

1. **Committee Reports**

- a. Outreach
New Community Care Program

Site Outreach Projects

Alzheimer's Caregiver Support Group - Ellie Galloway/DSS
Presentation

Farmers Market Vouchers/Trips

Library Programs

Cooperative Extension Programs

Senior Bell Choir

Knotts Island Community Event

Tech 101 Grant - Albemarle Commission Classes/Equipment

- b. Planning
Sock Hop

Volunteer Banquet

- c. Nominating
Currently Awaiting Appointments To Replace Alisa Hugdahl And
Janet Taylor

2. Director's Reports

- a. Currituck Senior Center
Painting

Floors
- b. Knott's Island Senior Center
Window Replacement/Floor Repair
- c. Powell's Point Senior Center
Refrigerator
- d. Corolla
Yoga

Facility Update

Moment of Silence

Next Meeting Date

Tuesday, October 28, 2025

Adjournment



**CURRITUCK COUNTY
NORTH CAROLINA**

Minutes - Regular Meeting of the Senior Citizens Advisory Board

April 22, 2025, 9:30 a.m.

| | | |
|----------------|--|--|
| Present: | Alisa Hugdahl Ellie Galloway Donna McCormick Paul O'Neal Cindy Scott | Vice Chairman Board Member Board Member Board Member Board Member |
| Absent: | Michael Williams Janet Taylor | Chairman Board Member |
| Staff Present: | Stacy Joseph Dawn Hamilton | Aging/Senior Services Director Aging/Senior Services Administration Supervisor |

1. Call to Order - 9:30 AM

Meeting was called to order at 9:30am by Stacy Joseph.

1. Welcome

Welcome Board of Commissioner Paul O'Neal.

2. Approval of Agenda

MOVER: Donna McCormick

SECONDER: Ellie Galloway

Approved.

RESULT: Approved

3. Approval of January 28, 2025 Minutes

MOVER: Alisa Hugdahl
SECONDER: Ellie Galloway

RESULT: Approved

2. Old Business

Senior Center and Parks & Recreation just completed the 4th Citizens Academy with 14-15 participants. There were 20 people enrolled this year. We had Senator Bobby Hanig and Board of Commissioner and Volunteer Selina Jarvis deliver meals with Stacy for March for Meals. AARP Tax Prep wrapped up on April 3rd. Volunteers were able to help 216 Currituck County residents complete their tax return, free of charge. Outreach Programming with Library will continue with a program taking place at the Barco center in August. The "New Tax Laws and Your Estate" presentation in March with the Chamber of Commerce and Grace Wealth Partners went well with 30-40 people in attendance. "Outsmarting Scammers in the Digital Age" with Currituck County IT Director Logan Steese and "Bathroom Safety" with Swimme & Son in March, both also went well. The painting project at the Barco site is almost complete. Brenda Twiford was hired as the new Site Manager at the Knotts Island Center. Corolla Yoga will end on June 30th and resume in September. There was a "non-certification" CPR/First Aide class for Corolla seniors held September 2024 with 10-12 seniors in attendance. Stacy offered a "Respecting Choices" presentation with Kayla White from the Albemarle Commission in March, however there was no interest shown and the program was cancelled. "Law Enforcements Response, Role & Responsibilities - Alzheimer's/Dementia" presentation with Sheriff Matt Beickert at the Barco site went very well. Ellie Galloway, Alzheimer's Caregiver Support Group Facilitator, said she received a lot of good feedback following the presentation. Ellie also recommended having a program with DSS Director Samantha Hurd on the services she can offer to help caregivers of those with Alzheimer's and Dementia.

3. New Business

Stacy did a quick review of what this year's Budget Narrative includes which will be available on the County website in the near future. Stacy continues to encourage Joint Site Programming amongst all 3 centers. This consist of joint trips, programs and activities. Stacy is considering implementing an Out of State Guest Pass that would allow seniors 1ce a year to bring 2 friends/family members to visit a center with them that live out of state. All 3 centers do accept donations for varying reasons throughout the year. We ask that donations are dropped off during normal operating hours and not left outside of centers on porches, ramps or sidewalks. Stacy recently spoke for the Moyock Women's Club about the Home Delivered Meals program and how we ensure client needs are being met during holiday and inclement weather closings. The Moyock Women's Club donated shelf stable food bags for Home Delivered meal clients during our most recent snowstorm.

1. Committee Reports

a. Outreach

The Senior Center continues to partner with the Moyock Library for programming including craft classes, painting classes and presentations. The Senior Center will be taking a group to the World Elder Abuse Awareness Day Walk in Elizabeth City on June 5, 2025. Currituck and Camden Veterans Services Officer Robert Cain will be giving a presentation on services available to our veterans and how to access help on May 22, 2025, at the Barco center. The Alzheimer's Caregiver Support Group meets every third Thursday of every month at 10:30am at the Barco center. The Senior Center Bell Choir will be performing at Central Elementary School on May 19, 2025, and Elizabeth City Health & Rehabilitation on May 23, 2025. Stacy asked the groups feedback on possibly starting a very limited program offering transportation 1ce or 2ce a month to seniors in need of getting to a grocery store, etc. The program would have very strict guidelines and qualifications and would only possibly come to fruition after considerable planning is done. The board thought it would be a good idea if areas of concerns could be worked out.

b. Planning

PML trip to Vermont September 14 - September 19, 2025.

Seasonal Highlights -

Upcoming trips and activities -Tides Baseball Games, Tidewater Winds Concert, Annual Senior Picnic and Charter Boat Fishing Trip.

Event Highlights -

Upcoming Events- Annual Sock Hop, Annual Volunteer Banquet and Senior Health & Wellness Day.

Health/Educational Presentations-

Upcoming Programming - Decluttering Presentations, Technology Assistance Presentation.

2026 Community Involvement Events/Programs - CPR Classes, Scam Prevention.

c. Nominating

Stacy announced that several spots on the Advisory Board were filled at the BOC meeting on 4/21/25 including the reappointment of Ellie Galloway to serve a 1st complete term.

2. Director's Reports

a. Currituck Senior Center

Tuesday, March 6, 2025- Shopping Trip to Norfolk Outlets.

Wednesday, May 7, 2025- Birthday Celebration.

Friday, May 9, 2025- Mother's Day Luncheon.

Tuesday, May 13, 2025- Veterans Services Presentation with Robert Cain.

Thursday, May 15, 2025- Tides Baseball Game.

Thursday, May 22, 2025- Albemarle Senior Games Performing Arts Showcase.

Wednesday, May 28, 2025- Painting w/Dan at The Moyock Library.

Thursday, June 5, 2025- World Elder Abuse Awareness Day Walk.

Stacy recently purchased a projector and screen for use during presentations, meetings, etc.

b. Knott's Island Senior Center

Monday, May 5, 2025- Celebrate "Cinco De Mayo" with lunch at Senor Fox.

Thursday, May 8, 2025- Sewing Class with Debbie.

Friday, May 9, 2025- Mother's Day Luncheon at Barco.

Tuesday, May 13, 2025-Farmers Market Shopping & Lunch at Southland with Powells Point Seniors.

Friday, May 16, 2025- Cardmaking with Pastor Diana.

Tuesday, May 20, 2025- Birthday Celebration.

Wednesday, May 21, 2025- Bonsai Care with Pete the Bonsai Guy.

Friday, May 23, 2025- Scrapbooking with Pastor Diana.

Wednesday, May 28, 2025- Card & Game Day.

Knotts Island has received a new 15 passenger van.

c. Powell's Point Senior Center

Thursday, May 1, 2025- Powells Point Kentucky Derby.

Monday, May 5, 2025 - "Cinco De Mayo" Taco Bar.

Tuesday, May 6, 2025- Birthday Celebration.

Friday, May 9, 2025- Mother's Day Luncheon at Barco.

Monday, May 12, 2025- National Nutty Fudge Day.

Tuesday, May 13, 2025- Farmers Market Shopping & Lunch at Southland with Knotts Island Seniors.

Tuesday, May 20, 2025- Trip to Somerset Place.

d. Corolla

Yoga at the Corolla Library will end on June 30, 2025, and resume in September.

4. Moment of Silence

A moment of silence was observed.

5. Next Meeting Date

The next meeting will be held on Tuesday, July 22, 2025, at 9:30am.

6. Adjournment

Meeting was adjourned at 10:30am.

MOVER: Cindy Scott

SECONDER: Donna McCormick

RESULT: Approved